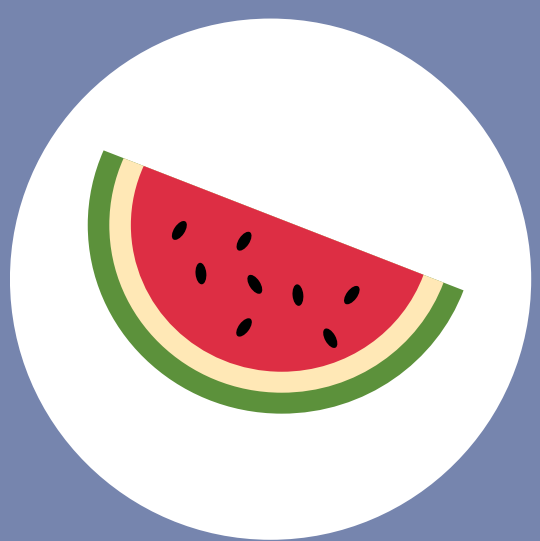


Select All 5 Food Components for a Nutritious Lunch!

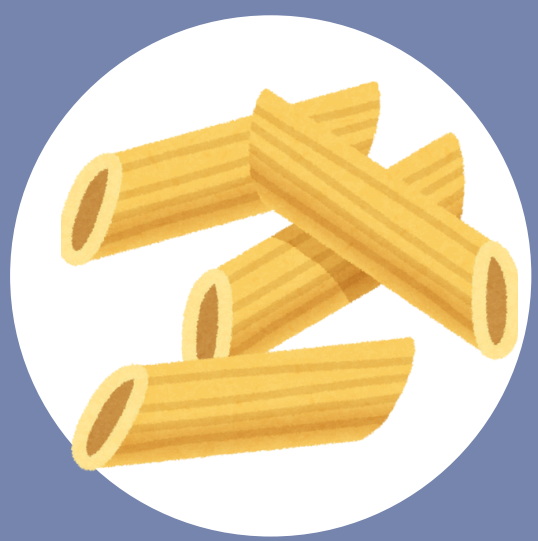
Vegetable



Fruit



Grain



Milk



Meat/
Meat Alternate

